

# CLASS SCHEDULES



## *UMA Taekwondo*






### **UMA 249**

10801 Spring Cypress Suite 9

Houston TX 77070

281-251-1888

[www.umataekwondo.com](http://www.umataekwondo.com)





Time	Mon	Tue	Wed	Thur	Fri	Sat
11:30-12:30	Advanced & Back belt			Advanced & Back belt		All Belt 
5:00PM~6:00PM	All Belt 	White Belt	All Belt 	White Belt	All Belt 	
6:00PM~7:00PM	All Belt / Hapkido	<b>Black Belt Club Only</b>	All Belt / Hapkido	All Belt 	All Belt / Hapkido	
7:00PM~8:00PM	Color Belt	Color Belt	Color Belt	Color Belt	Color Belt	

### **UMA FM2920 / Spring School**

4901 FM 2920, Spring, TX 77388

(832)373-7999, (713)385-2007

[www.umataekwondo.com](http://www.umataekwondo.com)

Time	Mon	Tue	Wed	Thur	Fri
9AM ~ 10AM					
4:00PM~ 5:00PM	* Private Lesson (30 minutes per class)				
5:00PM~ 6:00PM	All Belt 	All Belt 	All Belt Sparring	All Belt 	UMA DemoTeam & <b>WEAPON</b>
6:00PM~ 7:00PM	Beginner & Intermediate	All Belt 	Advanced Sparring	Beginner & Intermediate	
7:00PM~ 8:00PM	Advanced & Back belt	Beginner & Intermediate	Hapkido (self-defense Program)	Advanced & Back belt	


Note:







- This class is effective from Monday, Nov. 14, 2011.
- Beginner & Intermediate level class is for white through green belts.
- Advanced level class is for blue belts and above.
- Private lesson is available upon request.
- \* is reserved class upon request.
- Sparring gear (your own) and weapon (your own numchuks, sword, long stick) is required for classes.

## UMA Cypress School

10750 Barker Cypress Road, Cypress TX 77494  
(713)385-2007

[www.umataekwondo.com](http://www.umataekwondo.com)

Time	Mon	Tue	Wed	Thur	Fri	Sat
11:30- 12:30	Advanced & Back belt			Advanced & Back belt		All Belt 

4:30PM~ 5:15PM	Beginner & Intermediate		Beginner & Intermediate		All Belt 	
5:15PM~ 6:00PM	All Belt 	All Belt 	All Belt Sparring	All Belt 	All Belt 	
6:00PM~ 6:45PM	Advanced	Beginner & Intermediate	Advanced Sparring	Beginner & Intermediate	WEAPON	
6:45PM~ 7:30PM	All Belt 	Hapkido	Hapkido	Black belt to be	Hapkido	Black Belt only

**Note:**

- This class is effective from Monday, Oct 10, 2011.
- Beginner & Intermediate level class is for white through green belts.
- Advanced level class is for blue belts and above.
- “Black belt to be” class is only for red, red stripe and brown belts and for the preparation of coming black belt test.
- “Black belt only” class is only for black belt students and will focus on advanced techniques, leadership developing and instructor training.
- Private lesson is available upon request.
- Sparring gear (your own) and weapon (your own numchuks, sword, long stick) is required for classes.